



SINDHI PU COLLEGE

#68, CHOKKANAHALLI, THANISANDRA MAIN ROAD
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WEBSITE:WWW.SINDHIPUCOLLEGE.COM

BE SMART

STRESS MANAGEMENT THROUGH ART



Dr. Neha Goyal
Head of Counselling Cell
JIMS College, Noida



Ms. Vasu Gupta
Expressive Art Therapy
Facilitator



Ms. Kriti S Jain
Expressive Art Therapy
Facilitator

Date: 22nd July, 2021

Time: 10:30 AM

Presided by:

Principal: Prof. Pallavi

Vice-Principal: Prof. Kanchana

Program Coordinator: Prof. Rachna Gulati

ZOOM LOGIN ID: 2193114056

PASSWORD: 1234

Instructions to participants:

Keep art materials, colour pencils and
paper for the webinar.



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